

Walking your way through Perinatal Social Work



Savannah, GA

NAPSW 2019
43rd Annual Conference

May 1-4



The National Association of Perinatal Social Workers

WHEN: May 1-4, 2019

Conference starts at 5:00pm on Wednesday, May 1st and ends at noon on Saturday, May 4th 2019.

ACCOMMODATIONS: Savannah Marriott Riverfront

100 General McIntosh Blvd, Savannah, GA 31401

ROOM RATE: \$205/night single or double + state and local tax (currently 13% plus \$5 state fee and \$1 city fee).

RESERVATIONS: 800.285.0398 or follow link:

[Book your group rate for NATIONAL ASSOC OF PERINATAL SOCIAL WORKERS](#)

Please reserve by March 28, 2019 to secure conference rate.

Check-In Time: 4pm

Check-Out Time: 11am

Savannah Marriott Riverfront welcomes you with contemporary style, outstanding service and an unparalleled location. The hotel is perched right on the water, and is connected to the world-famous River Street via the city's Riverwalk. The Savannah Marriott Riverfront is 10.6 miles from the Savannah/Hilton Head International Airport.

The hotel offers Self-Parking for guests and attendees at the discounted rate of \$19 daily per vehicle.

ROOMMATE REQUESTS: Please contact Joan Hebert via email at Joan.Hebert@orlandohealth.com for a roommate request or any special accommodation need.

CLIMATE: Average weather in early May is 81° F or 27° C.

TRAVEL ARRANGEMENTS: While the Savannah Marriott Riverfront does not offer an airport shuttle, there are many options for transportation to and from the airport.

Per the hotel website, shuttle service is available through Kelly Tours for \$20 one way. Reservation is required. Call 800.442.6152 or visit www.kshuttle.com.

Estimated taxi fare to/from the hotel: \$28 one way

Savannah/Hilton Head International Airport provides an extensive list of ground transportation options at:

<https://savannahairport.com/airport/ground-transportation/>

Savannah also offers ride-sharing options through Uber and Lyft apps.



REGISTRATION: All registration must be completed online at: <http://www.napsw.org/annual-conference>. Conference fees include Wednesday evening's banquet, breakfasts and snacks on Thursday and Friday, and Saturday's breakfast. All costs associated with NAPSW and association fees are in US dollars.

Payment can be made by credit card or by check. For any questions, about the registration process, please contact Kristin Vargo at 513.636.4043 or Kristin.Vargo@cchmc.org.

FULL CONFERENCE REGISTRATION	Early Registration: Before April 17th	Late Registration: After April 17th
NAPSW Members	\$325	\$345
Non-Members	\$440	\$460
Students	\$190	\$210

ONE-DAY CONFERENCE REGISTRATION		Early Registration: Before April 17th	Late Registration: After April 17th
Wednesday or Saturday Only	Member	\$100	\$120
	Non-Member	\$140	\$160
	Student	\$90	\$110
Thursday or Friday Only	Member	\$185	\$205
	Non-Member	\$225	\$245
	Student	\$100	\$120

If paying by check, complete the online registration and print your invoice twice (one for your records and one to send with your payment). Checks, in USD, should be made out to NAPSW and sent to:

Sharon Williams, NAPSW
8111 Tollbridge Ct
West Chester, OH 45069

CONTINUING EDUCATION CREDITS: NAPSW will issue a Certificate of Attendance to all attendees. NAPSW has applied for up to 15 CEU credits through NASW (provider #886568283) and a **CEU certificate will be provided for \$10.00.**

NAPSW MEMBERSHIP: **If not currently a member of NAPSW, you can register at the NAPSW member rate if you join NAPSW in conjunction with registration.** Please complete the online application for membership at www.napsw.org. Submit completed application with the necessary documentation and include your membership dues along with the conference registration fee.

For questions or problems regarding membership, please contact Ali Tiedke, NAPSW Membership Chair, at alitiedke@gmail.com.

REFUNDS: If your plans change after registration and you are unable to attend, a refund of your registration fee, less \$50 for handling, will be granted if requested no later than April 17th, 2019. You may cancel on-line or call registration.

CONFERENCE PROGRAM OVERVIEW

Wednesday May 1, 2019

1:00 – 5:00 pm	Registration
5:00 – 6:00 pm	Welcome Reception
6:00 – 7:30 pm	Banquet / Welcome to Savannah / Award for Excellence
7:30 – 8:30 pm	Keynote Speaker: James Lott Jr.

“Self-Care Techniques for Perinatal Social Workers”

James Lott Jr.

Through his witty and easygoing way, James Lott Jr will explore how self-care is important for perinatal social workers and helps us be at our best. We'll explore techniques and tips to assist in self-care and have a lot of fun along the way. James Lott Jr is an artist, a writer, a television host, a podcast host, a radio host, a professional organizer and a life coach.

Thursday May 2, 2019

7:00 – 8:00 am	Continental Breakfast and Conference Registration
8:00 – 9:30 am	General Session I: Douglas Hardy, MD

“Neonatal Abstinence Syndrome”

Douglas Hardy, MD

Neonatal abstinence syndrome (NAS) is a constellation of signs in newborn babies resulting from exposure to drugs in utero, primarily opioids. This presentation reviews the origins of NAS, pressures leading to the increasing incidence, modalities of treatment and financial burden of NAS at the local and national levels.

9:30 – 9:45 am	Break
9:45 – 10:45 am	Workshops A1 – A4

A1. “Best Practice for Emotional Care of Perinatal Loss”

Dasi Schlup, MSW, LCSW

Perinatal loss is frequently misunderstood, described as “silent loss,” and viewed as insignificant. This workshop presents a video sharing the stories of three families with insight into the many facets of their experience. Best practices for emotional care, communication barriers, and importance of self-reflection towards death and grief.

A2. “Understanding Mothers Diagnosed with Borderline Personality Disorder: A Critical Social Work Perspective”

Claire Gavin, MSW, RSW
Beth Maudsley, BSW, RSW

This presentation supports social workers working with mothers diagnosed with BPD. We examine the layering of oppression in BPD, how BPD develops in context of dialectical behavioral therapy, common myths working with this population, and discuss strategies to practice from an anti-oppressive perspective within the medical model.

A3. “Pregnant and Incarcerated”

Samantha Hamaide MSW, LISW-S
Andrea Rubinstein, BA MSA

Review of pregnant women incarcerated in the US and barriers for care prior to delivery including choosing an adoption plan. Explore the adoption process for incarcerated women and share social work strategies to advocate for a woman’s choice in the hospital setting.

A4. “Responding to Sudden Unexpected Infant Death: Strategies for the Professional”

Shari B. King, MA
Alexander J. Friedman, MPH

Best practice tools for a compassionate response in the wake of SUID. We will explore typical and atypical grief responses, providing empathetic, compassionate, and culturally-sensitive responses to those grieving the death of an infant, and how to access available and high-quality resources for grieving families.

10:45 – 11:00 am Break
11:00 – 12:00 pm Workshops B1 – B4

B1. “Adolescent Pregnancy Clinic: A Multidisciplinary Approach to Obstetrical Care for Women Under the Age of 20”

Janine O’Gorman, BSW

This workshop shares experience of the Adolescent Pregnancy Clinic at the Royal Alexandra hospital in providing non-judgmental health services. Identifies barriers for pregnant adolescents to accessing prenatal care, discusses a multidisciplinary approach to adolescent pregnancy, and reviews referral processes and necessary community relationships.

B2. “Bereavement Care in a Level IV NICU: Social Work’s Role with Families During the EOL Process”

Rachel Daliva, MSW, LSWAIC
Grace Amend, MSW, LSWAIC

Interactive dialogue presenting specific NICU case studies that created moral distress for families and staff. We will explore hospital-specific resources and processes related to perinatal bereavement care, use of trauma informed practice, and facilitate discussion to highlight the complexity of end of life in the NICU.

B3. “The PARTNER Model: An Attachment-Based Practice Model for Providers Working with Mothers and Infants Impacted by Opioid Use Disorders ”

Noelle Ciara, DSW

Review maternal opioid use disorders and NAS, discuss best practices for reducing stigmatization and healthy attachment, introduce an innovative and evidence-based practice model for providers in this setting, and integrate case examples to illustrate how each of the PARTNER Model elements are applied.

B4. “Supporting Staff in a High Acuity Setting for Coping and Promoting Self Care”

Sarah Lossing, LMSW
Maria Reale, LMSW

One hospital shares experiences partnering with medical and ancillary staff to implement staff support and self-care outlets, including Medical Ethical Social Stress Rounds, Wellness Committee, Family Behavior Response Plans and others. Strategies to enlist staff and institution support and a review of benefits for measures instituted.

12:00 – 1:00 pm Lunch on your own
1:30 – 3:00 pm General Session II: Lisa Baker, PhD

“Walk this Way: Embracing the Role of Research in Perinatal Social Work”

Lisa Baker, PhD

Walk a little faster to the presentation on the many roles of research in perinatal practice. Participants will learn how to harness research to apply and build evidence, communicate with common language, and develop a plan for conducting research. This interactive presentation moves beyond the basics to challenge participants to re-imagine their role as researchers in their setting.

3:00 – 3:15 pm Break
3:30 – 5:00 pm Workshops C1 – C4

C1. “Critically Ill Baby, Difficult Parents: What is a Social Worker to do?”

Linda DeBaer, LMSW
Debby Segi-Kovach, MSSA, LCSW

Challenges a perinatal social worker may face when a critically ill infant arrives in the NICU. Common family reactions to the birth and admission, anticipated emotional issues for families, and social work assessment and intervention. We’ll explore all these issues through case presentations.

C2. “Neonatal Abstinence Syndrome: Decision-Making among Community Service Providers Regarding Infant Safety”

Dr. Jodie Murphy-Oikonen, HBSW, MSW, PhD

Describe findings of qualitative research study exploring service provider’s experiences with infant safety and NAS. These findings reflect the complexity of decision-making among community service providers, the experience of moral distress when intervening with families, and the importance of professional boundaries. Implications for practice and policy are discussed.

C3. “Universal Screening of Mothers in Pediatric Settings”

Alexis Rubin, LICSW
Caitlyn Neithercut, LGSW

The creation and deployment of a perinatal task force for universal screening of mothers in the NICU and pediatric setting for perinatal mood and anxiety disorders. We will share the lessons we learned along the way and possible impacts for patients and their families.

C4. "Understanding Health & Health Disparities in the NICU"

JaNeen Cross, DSW, MSW, MBA

Improve knowledge about health disparities and current public health response. Learn to improve health disparities in the NICU and improve outcomes for newborns and families. As a national priority, learn how NICUs can prioritize this problem from a clinical and policy practice perspective.

6:45 – 10:00 pm Optional Night Out – Meet in Hotel Lobby at 6:45pm

NIGHT OUT ACTIVITY: \$45/person (this activity is appropriate for both children and adults)

Join us for Old Savannah Tour's Grave Encounters beginning at 7pm on Thursday May 2nd. We'll walk one block from the hotel to board our trolley tour and embark on a night of goosebumps and chills as we experience one of the "nation's most haunted cities." Following our thrilling tour, we will be treated to a southern buffet dinner at the Pirate's House, first opened in 1753 and a former gathering place for seamen, criminals and other unsavory characters. This entertaining and perhaps even terrifying night will be a treat so please sign up early to ensure your spot!

Friday May 3, 2019

7:30 – 9:00 am Buffet Breakfast and Conference Registration

8:00 – 10:00 am NAPSW Business Meeting / Elections

10:00 – 1:00 pm General Session III: Haavi Morreim, JD, PhD

"Ethics and Conflict Resolution"

Haavi Morreim, JD, PhD

This highly interactive workshop introduces a distinctive set of skills and strategies for resolving conflict. These skills are then integrated into realistic practice simulations. Everyone is directly active in each exercise, so that the skills we practice will be more readily available "in the moment" of a difficult conflict.

1:00 – 2:15 pm Lunch on your own

2:15 – 3:45 pm General Session IV: Mary Coughlin, MS, NNP

"Trauma Informed Care and the Perinatal Continuum"

Mary Coughlin, MS, NNP

Shifting the healthcare perspective from a "what's wrong with you" to a "what's happened to you" frame of reference allows us to connect authentically with the human experience of others. A trauma-informed care paradigm provides a framework, grounded in biology, that informs our understanding of trauma and early life adversity that creates new opportunities for healing through human connection.

3:45 – 4:00 pm Break

4:00 – 5:00 pm Workshops D1 – 4

D1. “Effect of Mother-Infant Physical Contact on Breastfeeding Exclusivity And Duration Among Low-Income Latina Mothers”

Sarah Jarrell, Presenting Author

Vulnerable populations that may benefit most from breastmilk have the lowest rates of breastfeeding continuation. This workshop identifies pathway to increase breastfeeding exclusivity and duration, how existing programs contribute to research projects within normal service delivery, and share current research on mother-infant physical contact and potential implications for breastfeeding.

D2. “Opiates and their Impact on Adoptions”

Patrick and Kathleen Calcutt, Esq
Anya Byron, MSW

Donitra Janee Daye, Adoptive Parent Coordinator

Overview of adoption processes including legal, policy and participant impact. Discussion of America’s opiate crisis and effects in private adoptions. How social workers support birth mothers in emotional stress, adoptive parents cope with reality of baby in withdrawal, and hospital staff as they work with both.

D3. “Interventions for Pregnant Women At-Risk for Attachment Issues”

Rachel Copeland, PhD, LICSW

Providing intervention to women early improves healthy infant attachment after birth. This presentation reviews miscarriage, infertility, attachment in women, and identifies attachment categories and interventions to promote attachment during pregnancy and address grief and anxiety related to previous pregnancy related challenges.

D4. “Women Experiencing Early Pregnancy Loss in the Emergency Department: The Role of Social Work”

Dr. Jodie Murphy-Oikonen, HBSW, MSW, PhD

Exploring the impact of Early Pregnancy Loss on women’s mental health and future pregnancies, ambiguous grief and disenfranchised grief with respect to Early Pregnancy Loss, and share interventions to limit psychological impact, decrease complicated grief reactions and promote healing for women.

Saturday May 4, 2019

8:30 – 9:30 am Continental Breakfast

9:30 – 11:30 am General Session V: Cindy deSa, MPH, MSW, LCSW, CCTSW

“Professional Capacity as Social Workers”

Cindy deSa, MPH, MSW, LCSW, CCTSW

What do you do when you find yourself in a challenging professional situation? Do you power through it, hoping for the best? Do you reach out to your colleagues for support or guidance? Do you cash in PTO and avoid the situation altogether? Through this open dialogue we will explore healthy ways to lean into our vulnerabilities and discover ways to strengthen our social work practice.

11:30 – 12:00 pm CEU certificates / Conference Adjourns until 2020